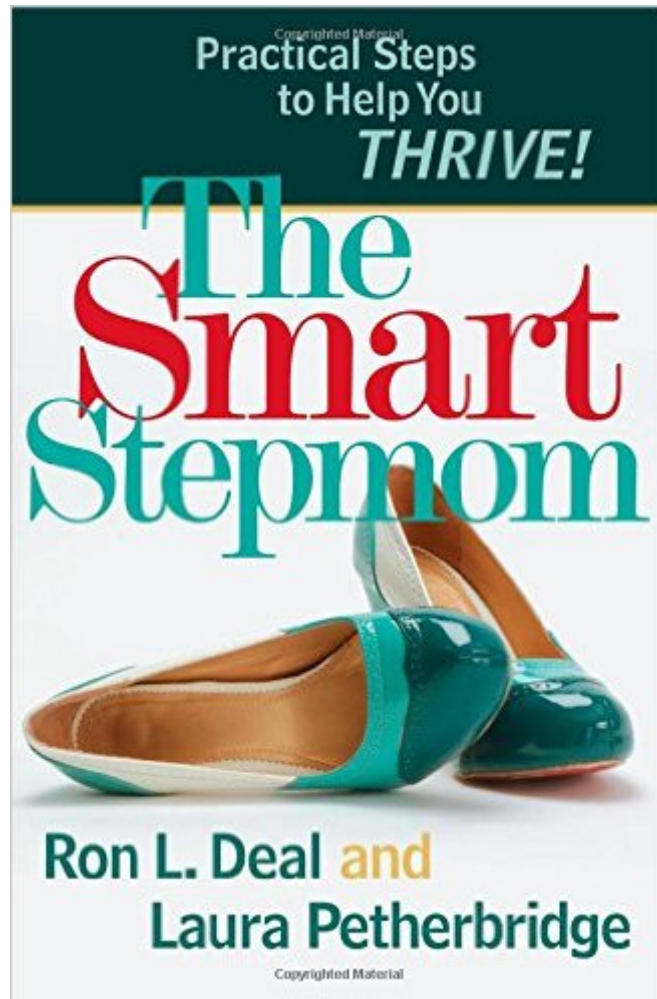


The book was found

The Smart Stepmom: Practical Steps To Help You Thrive



Synopsis

Vital help for women navigating the stepmom role, including sound strategies to strengthen her marriage and her relationship with her stepkids.

Book Information

Paperback: 272 pages

Publisher: Bethany House Publishers (October 1, 2009)

Language: English

ISBN-10: 0764207024

ISBN-13: 978-0764207020

Product Dimensions: 5.5 x 0.6 x 8.4 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (99 customer reviews)

Best Sellers Rank: #26,559 in Books (See Top 100 in Books) #2 in [Books > Parenting & Relationships > Family Relationships > Stepparenting & Blended Families](#) #88 in [Books > Parenting & Relationships > Family Relationships > Motherhood](#) #117 in [Books > Christian Books & Bibles > Christian Living > Family](#)

Customer Reviews

Ron L. Deal, founder of "Successful Stepfamilies" and licensed marriage and family therapist, has teamed up with Laura Petherbridge, author of WHEN "I DO" BECOMES "I DON'T," to develop a comprehensive source of practical insights and step-by-step encouragements for stepmoms. Unlike the stereotypical fairy tale portrayal of the wicked stepmother character, Deal and Petherbridge explain that, in the majority of households, nothing could be further from the truth. The vast majority of stepmoms desire nothing more than to take part in creating a successful marriage and passing on a legacy of loving support to their stepchildren. The glitch, however, is how to move from desire to realization. For most stepmoms, the journey is anything but easy and, as many admit, can be the hardest task for a person to undertake. The authors realize how difficult this role of "stepmom" can be, and Petherbridge speaks from firsthand experience as she offers her own personal remembrances of being stepmom to her husband's sons. She cites that stepmoms (like every living person) bring to the new marriage their own past experiences, insights and limitations, which must be recognized and acknowledged, otherwise injured feelings and short-circuit relational growth will occur between everyone in the family. Deal and Petherbridge offer readers (which should include stepmoms, stepdads and every person in the original family unit) great insight and countless

practical suggestions for working through every conceivable family dilemma. In the two-section text, stepmoms will gratefully learn that they are not alone in feeling that sudden urge to "run away from home," and that feeling like an "outsider" within the walls of their home is also a common response.

[Download to continue reading...](#)

The Smart Stepmom: Practical Steps to Help You Thrive Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive A Young Woman's Guide to Setting Boundaries: Six Steps to Help Teens *Make Smart Choices *Cope with Stress * Untangle Mixed-Up Emotions The 9 Steps to Financial Freedom: Practical and Spiritual Steps So You Can Stop Worrying The 9 Steps to Financial Freedom: Practical and Spritual Steps So You Can Stop Worrying Let Food Be Their Medicine: Using Nature's Principles to Help Your Dog Thrive A Parent's Guide to High-Functioning Autism Spectrum Disorder, Second Edition: How to Meet the Challenges and Help Your Child Thrive The Six Secrets of Change: What the Best Leaders Do to Help Their Organizations Survive and Thrive The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind, Survive Everyday Parenting Struggles, and Help Your Family Thrive 10 Steps to Find Work and Be Successful in Canada: A Guide for Immigrants Who Want To Thrive In a New Culture A Smart Girl's Guide: Middle School (Revised): Everything You Need to Know About Juggling More Homework, More Teachers, and More Friends! (Smart Girl's Guides) Fast Minds: How to Thrive If You Have ADHD (Or Think You Might) Your Survival Strategies Are Killing You: The Eight Principles You Must Follow To Thrive in Life and Work Smart Couples Finish Rich: Nine Steps to Creating a Rich Future For You and Your Partner God Wants You Happy: From Self-Help to God's Help When Someone You Love Has Cancer: A Guide to Help Kids Cope (Elf-Help Books for Kids) Doing Good Better: How Effective Altruism Can Help You Help Others, Do Work that Matters, and Make Smarter Choices about Giving Back The Mindful Teen: Powerful Skills to Help You Handle Stress One Moment at a Time (The Instant Help Solutions Series) The Anxiety Workbook for Teens: Activities to Help You Deal with Anxiety and Worry (Instant Help Solutions) Smart About the Fifty States (Smart About History)

[Dmca](#)